

## **SUPPORT SERVICES FOR WOMEN IN TAMIL.**

Barbra Schlifer Clinic (legal)..... (416)-323-9149x271  
Family Service association of Toronto (Counselling)..... (416) 586-9777x525  
St.Joseph's Women Health Centre (Counselling)..... (416) 530-6665  
Parkdale Community Health Centre(Counselling).....(416) 537-2455x349  
Sherbourne Health Center (Counselling & Health)..... (416) 324-4175  
Flemingdon Neighbourhood Services..... (416) 424-2900x17  
St. Jamestown Health Centre (Care & Treatment)..... (416) 864-6060x6820  
SunnyBrook & Women's (Care & Treatment with interpreter)..... (416) 323-6040  
(Relevant to women in abusive relationships)

## **TAMIL AGENCIES SERVING 9-5 MON – FRI**

Tamil Eelam Society of Canada..... (416) 757-6043  
Vasantham-A Tamil Seniors Wellness Centre..... (416) 324-4185  
CanTYD..... (416) 431-4100  
Senior Tamils Society of Peel ..... (905) 290-3000  
Senior Tamils' Centre..... (416) 496-2897  
**(Ability to connect to appropriate services)**

## **MAINSTREAM AGENCIES EMPLOYING TAMIL WORKERS**

Rexdale Women's Centre (Etob).....(416) 745-0062x271  
East Scarborough Storefront (scar).....(416) 208-9889  
Regent Park community Health Centre (Down Town).....(416) 642-1570x234  
Malvern Family Resource center (Youth, settlement).....(416) 281-1376x28/23  
Thorncliffe Neighbourhood Office (youth, settlement).....(416) 421-8397  
Accessible Community Counselling & Employment services.....(416) 431-5326  
Canadian Centre for Victims of Torture (war trauma & settlement)..(416) 363-1066x24  
Providence Centre (Tamil Caregiver Project-scarb)..... (416) 285-3666 x 4152  
Toronto Public Health (ask for service in Tamil).....(416) 392-2437  
YOUTHLINK (Scarb)..... (416) 967-1773x230/241

## **SETTLEMENT**

Polycultural Immigrant & Community Services (Scarb)..... (416) 261-4901  
South Asian Women's Centre (landstown)..... (416) 537-2276x29  
South Asian Family Support Services (scarb) ..... (416) 431-4847x234  
North York Community House..... (416) 784-0920x228

## **MENTAL HEALTH**

Community Resources Connections of Toronto (shelter, youth psychosis & case  
mgmt)..... (416) 482-4103x332/330  
Across Boundaries(case mgmt).....(416) 787-3007  
Mount Sinai Hospital (ACTT) (Down Town).....(416) 586-9900x226/227  
Canadian Mental health Association (scarb).....(416) 289-6285x239

**\* ALSO REFER TO SERVICES FOR WOMEN**

**LEGAL SERVICES**

Parkdale Community Legal Services (Tamil interpreter Mon 2-5pm)..... (416) 531-2411  
South Asian Legal Clinic (Tamil-Immigration)..... (416) 487-6371x10  
West Scarborough Community Legal Service (Tamil).....(416) 285-4460  
Legal Aid .....(416) 598-0200

**INTERPRETER**

Multilingual Community Interpreter Services .....(416) 426-7000

**TAMIL SENIORS ASSOCIATIONS**

Toronto Tamil Seniors Association..... (416) 323-9086  
Scarborough Tamil Seniors Association..... (416) 283-7306  
Markham Tamil Seniors Association .....(416) 586-9777X458  
Senior Tamils Centre of Ontario.....(416) 496-2897  
Senior Tamils Society of Peel.....(905) 290-3000  
Sri Lankan Tamil Seniors of North Kipling.....(416) 749-7431  
Malvern Tamil Seniors Centre.....(416) 281-1376x46  
Vasantham – A Tamil Seniors Wellness Centre.....(416) 324-4185

**TAMIL ORGANIZATIONS**

SACEM.....(416) 291-9972  
BRIDGE.....(416) 285-6969